



HEALTH CLAIMS

Based on FSANZ pre-approved claims

- ✓ Good source of protein
- ✓ Necessary for tissue building and repair
- ✓ Contributes to the growth & maintenance of muscle mass
- ✓ Contributes to the maintenance of normal bones

HEALTH RELATED

- ✓ Complete whole protein
- ✓ Contains trace minerals such as calcium, iron, zinc and manganese
- ✓ Bioavailable protein
- ✓ Nourishing sprouted Brown Rice

FEATURES

- ✓ ACO (Australian Certified Organic)
- ✓ Low allergen
- ✓ Low environmental impact
- ✓ Free from GMO, dairy, soy, additives

FEATURES

- ✓ Protein powders
- ✓ Protein balls
- ✓ Pre-workout / Post-workout
- ✓ Bones / Menopause formulas
- ✓ Joint health

Organic PhytoRice® is an ACO Certified plant-based protein concentrate. Our organic Brown Rice is soaked then sprouted and activated, before wet-milling, filtration and drying into a fine powder. A typical 30gm serve contains 1.8mg of non-heme iron which is 15% of your RDI. With a smoother, less chalky texture than many leading rice proteins, PhytoRice® is also tested for up to 200 pesticide residues & heavy metals to ensure the highest quality plant-based protein available in the market.

SPECIFICATIONS

Physical & Chemical	
Protein (%) (based on D.M)	≥ 85.0
Moisture (%)	≤ 10
Ash (%)	≤ 8
Total Heavy Metals (ppm)	< 10
Melamine (ppm)	< 0.25

Microbiological	
Total Plate Count	≤ 15,000 cfu/g
Yeast & Mould	≤ 1,000 cfu/g
<i>Escherichia. coli</i>	<10 cfu/g
<i>Salmonella</i>	Absent/25g
<i>Staphylococcus aureus</i>	Absent/25g

OTHER CHARACTERISTICS

Taste	Typical of Rice
Colour	Light Brown
Certification	Organic, Kosher, Halal
Allergens	Free from GMO, dairy, soy, additives
Safety	Food Grade, suitable for human consumption
Shelf Life	2 years in original sealed bag <25°C
Packaging	20kg PE bag in paper-plastic bag

EMISSIONS PROFILE

Carbon Emissions	3.9 kg CO2-e/kg
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**The health claims available for these ingredients are dose related. If you are unsure, please seek regulatory advice to ensure compliance.*

TYPICAL DATA (all figures based on independent analysis)

Labelling	
Certified Organic Rice protein, Sprouted Brown Rice protein	
Nutritional Labelling per 100g	
Energy	1670kJ 394kcal
Protein (on dry basis)	86.5g
Carbohydrates	-total 8.5g -sugars <0.25g
Dietary fibre	7.6g
Fat	-total 3.9g -saturated 1.6g -trans <0.1g -monounsaturated 1.2g -polyunsaturated 1.1g -Cholesterol 0.0g
Sodium	34.0mg
Nutritional Characteristics: Amino Acid content (g/100g protein)	
Essential Amino Acids	
Isoleucine*	3.60
Leucine*	7.21
Lysine	2.10
Methionine	2.19
Phenylalanine	4.69
Threonine	3.02
Tryptophan	1.05
Valine*	5.05
Cond. Essential Amino Acids Present	
Arginine	✓
Cystine	✓
Glutamic acid	✓
Histidine	✓
Proline	✓
Tyrosine	✓
Non-Essential Amino Acids	
Alanine	✓
Asparatic acid	✓
Glycine	✓
Serine	✓
*BCAAs	15.86%



Monash University Low FODMAP Certified trademarks used under licence in Australia by Phyto-Therapy Pty Ltd. One serve (30g) of this product can assist with following the Monash University Low FODMAP diet™. A strict low FODMAP diet should not be commenced without supervision from a healthcare professional. Monash University has assessed this product as being low in FODMAPs but has not assessed its suitability as a therapeutic good. Monash University receives a licence fee for use of the Monash University Low FODMAP Certified trade marks.

Australian and New Zealand Distribution:

PHYTO THERAPY

Supply Partner:



Organic certified by:



Carbon certified by:

