



HEALTH CLAIMS

Based on FSANZ pre-approved claims

- ✓ Soluble fibre can slow down digestion and make you feel fuller for longer
- ✓ Fibre plays an important part in healthy digestion
- ✓ Energy metabolism, ensuring the nutrients you eat are converted to energy and stamina

HEALTH RELATED

- ✓ Health Star Rating = 4.5
- ✓ Peruvian Superfood
- ✓ Flavour enhancer. It has been referred to as the sweetener with nutritional benefits
- ✓ A natural source of B & C vitamins as well as calcium

FEATURES

- ✓ ACO (Australian Certified Organic)
- ✓ Lucuma is known as the 'tree of life' and has 26 villages named after it
- ✓ Exquisite taste
- ✓ Free from GMO, dairy, soy, additives

PRODUCT CATEGORIES

- ✓ Digestion
- ✓ Wellbeing tonic
- ✓ Energy
- ✓ Sports (pre-workout)

Organic Lucuma Powder is an ACO certified organic plant-based wholefood that grows in the sub-tropical climate of the Andean Valleys of Peru, between 2700-3000 metres above sea level. The Lucuma fruit is considered by the Incas as a delicacy and is traditionally and commonly used in Peruvian celebrations. Our Organic Lucuma is grown by the local Peruvian farmer's community and is harvested annually from October to March. Lucuma is known to be a natural source of fibre, vitamin B & C and calcium. Organic Lucuma Powder is an ideal ingredient for food and beverage applications.

Organic Lucuma Powder is available to buy in Australia from Phyto-Therapy, so contact us today to discuss your requirements.

SPECIFICATIONS

Physical & Chemical	
Moisture (%)	≤ 10.0
Particle Size (80 mesh)	≥ 95%
Microbiological	
Total Plate Count	≤ 100,000 cfu/g
Yeast & Mold	≤ 1,000 cfu/g
<i>Escherichia. coli</i>	< 10 cfu/g
<i>Salmonella spp</i>	Absent/25g

OTHER CHARACTERISTICS

Taste	Sweet, typical of Lucuma
Colour	Light yellow
Certification	Certified Organic ACO, NOP, EU, HACCP, USDA, Kosher
Allergens	Free from GMO, dairy, soy, additives
Safety	Food Grade, suitable for human consumption
Shelf Life	2 years in original sealed bag <30°C (protect from air & light)
Packaging	2 x 10kg PE bag in carton

**The health claims available for these ingredients are dose related. If you are unsure, please seek regulatory advice to ensure compliance.*

TYPICAL DATA (all figures based on independent analysis)

Labelling	
Organic <i>Cordyceps militaris</i> Mushroom powder, <i>Cordyceps militaris</i>	
Nutritional Labelling per 100g	
Energy	1340kJ 320kcal
Protein	3.8g
Carbohydrates	-available 58.6g -sugars 27.8g
Dietary Fibre	27.5g
Fat	-total 1.6g -saturated 1.1g
Sodium	95mg
Calcium	61mg
Iron	1.8mg
Magnesium	32mg
Potassium	970mg
Phosphorus	70.3mg
Zinc	0.4mg

EMISSIONS PROFILE

Carbon Emissions	6.1 kg CO2-e/kg
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Australian and New Zealand Distribution:

PHYTO THERAPY

Manufacturer:



Organic certified by:



Carbon certified by:

