



### HEALTH CLAIMS

- Low Saturated and trans fatty acids can help reduce total blood cholesterol or blood LDL cholesterol
- Low Sodium can help reduce blood pressure
- Low Sugar
- Increased intake of fruit & vegetables can help reduce risk of coronary heart disease

### FEATURES

- Certified Organic plant based wholefood
- Suitable for vegetarian & vegan diet
- Contains polysaccharides in particular beta-glucans which has shown to have positive effects on regulating blood cholesterol with diet low in saturated fatty acids
- Traditionally used for enhancing kidney function & energy rejuvenator

**Organic Cordyceps militaris Mushroom Powder** is an Australian Certified Organic Mushroom powder that has traditionally been used and recorded as far back as the Tang Dynasty, for enhancing kidney function and improving stamina. The *Cordyceps militaris* is the cousin of *C. sinensis* and is growing in popularity due to the similar chemical capabilities and medicinal properties. Cordyceps is often used as an overall rejuvenator for energy whilst also recovering from illnesses. The active component of Cordyceps is Cordycepin which has been shown to act as a free radical scavenger as well as demonstrating anti-tumor and anti-viral activities.

### SPECIFICATIONS

Physical & Chemical	
Colour	yellow to brown
Particle Size	100% pass 100mesh
Moisture (%)	≤9%
Ash	≤15%
Polysaccharides	≥3%
Heavy Metals	<10ppm
Pesticide Residue	<1ppm
Microbiological	
Total Plate Count	< 10,000 cfu/g
Yeast & Mould	< 1,000 cfu/g
<i>E.coli</i>	< 100 cfu/g
Salmonella	Absent/25g

### OTHER CHARACTERISTICS

Taste	Characteristic of mushroom
Certification	Organic (NOP; EU; ACO); Kosher; FSSC 22000
Allergens	Free from input of GMO; Dairy; Egg; Gluten; Lupin; Peanuts; Soy; Tree nuts & other additives
Safety	Food grade, suitable for human consumption
Shelf Life	Best Before 36 months in original sealed bag stored <25°C away from direct contact with light, heat & Moisture
Packaging	20kg polybag in cardboard carton

### TYPICAL DATA (all figures based on independent analysis)

Labelling	
Organic <i>Cordyceps militaris</i> Mushroom powder, <i>Cordyceps militaris</i>	
Nutritional Labelling per 100g	
Energy	1,490kJ
Protein	31.8g
Carbohydrates	-available 38.3g
	-sugars <0.1g
Dietary Fibre	23.2g
Fat	-total 3.5g
	-saturated 0.9g
	-monounsaturated 0.3g
	-polyunsaturated 2.4g
	-trans <0.1g
Sodium	43mg
Calcium	23mg
Iron	10mg
Magnesium	119mg
Potassium	2,260mg
Phosphorus	1,030mg
Zinc	12mg
EMISSIONS PROFILE	
Carbon Emissions	9.9 kg CO <sub>2</sub> -e/kg

*\*The health claims available for these ingredients are dose related. If you are unsure, please seek regulatory advice to ensure compliance.*

Australian and New Zealand Distribution:

PHYTO  THERAPY

Manufacturer:



Organic certified by:



Carbon certified by:

