



### HEALTH CLAIMS

- Low Saturated and trans fatty acids can help reduce total blood cholesterol or blood LDL cholesterol
- Low Sodium can help reduce blood pressure
- Low Sugar
- Increased intake of fruit & vegetables can help reduce risk of coronary heart disease

### FEATURES

- Certified Organic plant based wholefood
- Suitable for vegetarian & vegan diet
- Contains polysaccharides in particular Beta-glucans which has shown to have positive effects on regulating blood cholesterol with diet low in saturated fatty acids
- Traditionally used to support digestive system and assist nervous system protection

**Organic Lion's Mane Mushroom Powder** is an Australian Certified Organic Mushroom powder that is produced from *Herichium* (Lion's Mane) fruiting bodies and is grown in Gutian, the most famous *Herichium* cultivation county in China. The Lion's Mane is traditionally consumed for its beneficial bioactive components such as polysaccharides and Beta-glucans (immunity, anti-viral & anti-aging), as well as Hericenones and Erinacines (nervous system protection, nerve growth factor and prevention of neurological disorders).

### SPECIFICATIONS

Physical & Chemical	
Colour	light yellow
Particle Size	100% pass 100mesh
Moisture (%)	≤9%
Ash	≤15%
Polysaccharides	≥3%
Heavy Metals	<10ppm
Pesticide Residue	<1ppm
Microbiological	
Total Plate Count	< 10,000 cfu/g
Yeast & Mould	< 1,000 cfu/g
<i>E.coli</i>	< 100 cfu/g
Salmonella	Absent/25g

### OTHER CHARACTERISTICS

Taste	Characteristic of mushroom
Certification	Organic (NOP; EU; ACO); Kosher; FSSC 22000
Allergens	Free from input of GMO; Dairy; Egg; Gluten; Lupin; Peanuts; Soy; Tree nuts & other additives
Safety	Food grade, suitable for human consumption
Shelf Life	Best Before 36 months in original sealed bag stored <25°C away from direct contact with light, heat & Moisture
Packaging	1kg foil bag; 20kg polybag in cardboard carton

### TYPICAL DATA (all figures based on independent analysis)

Labelling	
Organic Lions Mane Mushroom powder, <i>Herichium erinaceus</i>	
Nutritional Labelling per 100g	
Energy	1,170kJ
Protein	17.1g
Carbohydrates	-available 27g
	-sugars <0.1g
Dietary Fibre	40.8g
Fat	-total 3.2g
	-saturated 1g
	-monounsaturated 1.1g
	-polyunsaturated 1.1g
	-trans <0.1g
Sodium	15mg
Calcium	22mg
Iron	13mg
Magnesium	105mg
Potassium	3,090mg
Phosphorus	712mg
Zinc	5mg

Australian and New Zealand Distribution:

PHYTO  THERAPY

Manufacturer:



Organic certified by:

