



### HEALTH CLAIMS

- Low Saturated and trans fatty acids can help reduce total blood cholesterol or blood LDL cholesterol
- Low Sodium can help reduce blood pressure
- Low Sugar
- Increased intake of fruit & vegetables can help reduce risk of coronary heart disease

### FEATURES

- Certified Organic plant based wholefood
- Suitable for vegetarian & vegan diet
- Contains polysaccharides in particular Beta-glucans which has shown to have positive effects on regulating blood cholesterol with diet low in saturated fatty acids
- Traditionally used to assist with liver health and blood sugar reduction

**Organic Maitake Mushroom Powder** is an Australian Certified Organic Mushroom powder commonly known as 'Hen of the Woods' or as 'King of the Mushrooms' by the Japanese. Maitake has vastly been studied for its bioactive polysaccharides (mainly Beta-glucan) and protein. The Maitake Mushroom is commonly known to have various health benefits ranging from anti-aging, anti-depressant, liver protectant, immune boosting and improving memory.

### SPECIFICATIONS

Physical & Chemical	
Colour	yellow to brown
Particle Size	100% pass 100mesh
Moisture (%)	≤9%
Ash	≤15%
Polysaccharides	≥4%
Heavy Metals	<10ppm
Pesticide Residue	<1ppm
Microbiological	
Total Plate Count	< 10,000 cfu/g
Yeast & Mould	< 1,000 cfu/g
<i>E.coli</i>	< 100 cfu/g
Salmonella	Absent/25g

### OTHER CHARACTERISTICS

Taste	Characteristic of mushroom
Certification	Organic (NOP; EU; ACO); Kosher; FSSC 22000
Allergens	Free from input of GMO; Dairy; Egg; Gluten; Lupin; Peanuts; Soy; Tree nuts & other additives
Safety	Food grade, suitable for human consumption
Shelf Life	Best Before 36 months in original sealed bag stored <25°C away from direct contact with light, heat & Moisture
Packaging	20kg polybag in cardboard carton

### TYPICAL DATA (all figures based on independent analysis)

Labelling	
Organic Maitake Mushroom powder, <i>Grifola frondosa</i>	
Nutritional Labelling per 100g	
Energy	1,290kJ
Protein	22.7g
Carbohydrates	-available 28.5g
	-sugars <0.1g
Dietary Fibre	32.8g
Fat	-total 4.9g
	-saturated 0.8g
	-monounsaturated 2.4g
	-polyunsaturated 1.7g
	-trans <0.1g
Sodium	3mg
Calcium	8mg
Iron	17mg
Magnesium	104mg
Potassium	2,470mg
Phosphorus	714mg
Zinc	6mg

### EMISSIONS PROFILE

Carbon Emissions	11.9 kg CO <sub>2</sub> -e/kg
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\*The health claims available for these ingredients are dose related. If you are unsure, please seek regulatory advice to ensure compliance.

Australian and New Zealand Distribution:

PHYTO  THERAPY

Manufacturer:



Organic certified by:



Carbon certified by:

