

ORGANIC HULLED HEMP SEEDS PRODUCT INFORMATION

HEALTH CLAIMS*

(based on a 20g serving)

Based on FSANZ pre-approved claims;

- Source of Protein which is necessary for tissue building and repair
- Protein also contributes to the growth & maintenance of muscle mass
- Source of Dietary fibre contributing to regular laxation
- Source of Phosphorous, necessary for normal energy metabolism
- Good Source of Magnesium, necessary for normal electrolyte balance & normal muscle function

FEATURES

- Certified Organic plant based wholefood
- Contains omega-3, omega-6 & omega-9
- Contains 20% RDI of Phosphorous & 35% RDI of Magnesium per 20g serving
- Support bowel health

PRODUCT CATEGORIES

- Protein
- Energy Support
- Digestion & Gut Health
- Baked or raw foods

Organic Hulled Hemp Seeds are a certified organic wholefood source of protein, dietary fibre and good fats. The Organic Hulled Hemp seeds have had the outer shell removed, which are sometimes referred to as Hemp Hearts, which allows for easier digestion. The Organic Hulled Hemp Seeds have a nutty flavour and a soft creamy texture that is well suited for sprinkling on smoothies, adding to salads and mixing with baked or raw treats.

SPECIFICATIONS

Chemical

Ash (%)	≤ 12.0
Moisture (%)	≤ 10.0
Total Heavy Metals (ppm)	<10
Pesticides (ppm)	<1
THC (ppm)	<5

Microbiological

Total Plate Count	≤ 100,000 cfu/g
Yeast & Mould	≤ 1,000 cfu/g
<i>Escherichia. coli</i>	<3 MPN/g
Salmonella	Absent/25g
<i>Staphylococcus aureus</i>	Absent/25g

OTHER CHARACTERISTICS

Taste	Characteristic
Colour	Light green/white seeds
Certification	Certified Organic (ACO; NOP; EU)
Safety	Food Grade, suitable for human consumption
Shelf Life	18 months in original sealed bag <25°C
Packaging	25kg/carton

TYPICAL DATA (All Figures Based on Independent Analysis)

Ingredients (in descending order)

Organic Hulled Hemp Seeds, *Cannabis sativa L*

Nutritional Labelling per 100g (Typical Composition)

Energy	2709kJ
	655kcal
Protein (dry matter)	32.8g
Fats	total - 54.7g
	saturated - 2.4g
Carbohydrates	available - 13.2g
	sugars - 2.5g
	dietary fibre - 10.7g
Iron	7.6mg
Magnesium	564mg
Phosphorous	1050mg
Potassium	887mg
Sodium	<1mg

* the health claims available for this ingredient are dose related. If you are unsure, please seek regulatory advice to ensure compliance

Organic certified by:



Australian and New Zealand Distribution: