

## ORGANIC SPROUTED PEA FIBRE PRODUCT INFORMATION

### HEALTH CLAIMS\*

Based on FSANZ pre-approved claims;

- ✓ A good source of dietary fibre to support your digestive system and keep you regular
- ✓ Fibre is important in supporting healthy digestion and elimination of toxins from the body
- ✓ Contains a high source of insoluble fibre. Insoluble fibre moves bulk through the intestines and assists in the control and balance a healthy pH.
- ✓ Research has shown that the consumption of dietary fibre is essential for a healthy diet

### HEALTH RELATED

- ✓ Health Star Rating = 5
- ✓ Alkaline
- ✓ Low sodium

### FEATURES

- ✓ ACO (Australian Certified Organic)
- ✓ Processed from activated Pea sprouts
- ✓ Low temperature processing
- ✓ Free from GMO, dairy, soy, additives

### PRODUCT CATEGORIES

- ✓ Fruit and vegetable super nutrient blends
- ✓ Fibre formulas
- ✓ Digestion

Organic Sprouted Pea Fibre Powder is an ACO certified organic plant-based source of insoluble fibre. It is an ideal inclusion with any type of food-based formulation with a natural pleasant taste, making it suitable for both a sweet and savoury application. The soaking and sprouting process ensures that mineral absorption is not compromised.

### SPECIFICATIONS

#### Chemical

Total dietary fibre (%)	≥ 70.0
Moisture (%)	≤ 10.0
Ash (%)	≤ 8.0
Total Heavy Metals (ppm)	<10
Pesticides (ppm)	<1

#### Microbiological

Total Plate Count	≤ 15,000 cfu/g
Yeast & Mould	≤ 50 cfu/g
<i>Listeria monocytogenes</i>	Absent/25g
<i>Escherichia. coli</i>	<10 cfu/g
Salmonella	Absent/25g
<i>Staphylococcus aureus</i>	<10 cfu/g

### OTHER CHARACTERISTICS

<b>Taste</b>	Neutral
<b>Colour</b>	Cream
<b>Certification</b>	Certified Organic, ACO, USDA, EU, ISO, Kosher, Halal
<b>Allergens</b>	Free from GMO, dairy, soy, additives
<b>Safety</b>	Food Grade, suitable for human consumption
<b>Shelf Life</b>	2 years in original sealed bag <25°C
<b>Packaging</b>	20kg Polywoven with liner

### TYPICAL DATA (all figures based on independent analysis)

#### Labelling

Certified Organic Pea fibre

#### Nutritional Labelling per 100g (Typical Composition)

<b>Energy</b>	917kJ
	219kcal
<b>Dietary Fibre</b>	76.1g
<b>soluble -</b>	4.51g
<b>insoluble -</b>	71.59g
<b>Protein</b>	10.80g
<b>Carbohydrates</b>	82.6g
<b>available -</b>	6.50g
<b>Sugar -</b>	N/D
<b>Fats, Total</b>	0.28g
<b>saturated -</b>	0.11g
<b>trans -</b>	0g
<b>monounsaturated -</b>	0.17g
<b>polyunsaturated -</b>	<0.1g
<b>Cholesterol</b>	0.0g
<b>Sodium</b>	36.60mg

Organic certified by:

Australian and New Zealand Distribution

PHYTO THERAPY



\* the health claims available for this ingredient are dose related. If you are unsure, please seek regulatory advice to ensure compliance