

## ORGANIC LUCUMA POWDER PRODUCT INFORMATION

### HEALTH CLAIMS\*

Based on FSANZ pre-approved claims;

- ✓ Soluble fibre can slow down digestion and make you feel fuller for longer
- ✓ Fibre plays an important part in healthy digestion
- ✓ Energy metabolism, ensuring the nutrients you eat are converted to energy and stamina

### HEALTH RELATED

- ✓ Health Star Rating = 4.5
- ✓ Peruvian Superfood
- ✓ Flavour enhancer. It has been referred to as the sweetener with nutritional benefits
- ✓ A natural source of B & C vitamins as well as calcium

### FEATURES

- ✓ ACO (Australian Certified Organic)
- ✓ Lucuma is known as the 'tree of life' and has 26 villages named after it
- ✓ Exquisite taste
- ✓ Free from GMO, dairy, soy, additives

### PRODUCT CATEGORIES

- ✓ Digestion
- ✓ Wellbeing tonic
- ✓ Energy
- ✓ Sports (pre-workout)

Organic Lucuma Powder is an ACO certified organic plant-based wholefood that grows in the sub-tropical climate of the Andean Valleys of Peru, between 2700-3000 metres above sea level. The Lucuma fruit is considered by the Incas as a delicacy and is traditionally and commonly used in Peruvian celebrations. Our Organic Lucuma is grown by the local Peruvian farmer's community and is harvested annually from October to March. Lucuma is known to be a natural source of fibre, vitamin B & C and calcium. Organic Lucuma Powder is an ideal ingredient for food and beverage applications.

### SPECIFICATIONS

Chemical	
Moisture (%)	≤ 10.0
Particle Size (80 mesh)	≥ 95%
Microbiological	
Total Plate Count	≤ 100,000 cfu/g
Yeast & Mould	≤ 1,000 cfu/g
<i>Escherichia. coli</i>	<10 cfu/g
<i>Salmonella spp</i>	Absent/25g

### OTHER CHARACTERISTICS

<b>Taste</b>	Sweet, typical of Lucuma
<b>Colour</b>	Light yellow
<b>Certification</b>	Certified Organic ACO, NOP, EU, HACCP, USDA, Kosher
<b>Allergens</b>	Free from GMO, dairy, soy, additives
<b>Safety</b>	Food Grade, suitable for human consumption
<b>Shelf Life</b>	2 years in original sealed bag <30°C (protect from air & light)
<b>Packaging</b>	2 x 10kg PE bag in carton

### TYPICAL DATA (all figures based on independent analysis)

#### Labelling

Certified Organic Lucuma Powder, *Pouteria lucuma Kuntze*

#### Nutritional Labelling per 100g (Typical Composition)

<b>Energy</b>	1340kJ
	320kcal
<b>Protein</b>	3.8g
<b>Fats</b>	<b>total -</b> 1.6g
	<b>saturated -</b> 1.1g
<b>Carbohydrates</b>	<b>available -</b> 58.6g
	<b>sugars -</b> 27.8g
<b>Dietary fibre</b>	27.5g
<b>Sodium</b>	95mg
<b>Calcium</b>	61mg
<b>Iron</b>	1.8mg
<b>Magnesium</b>	32mg
<b>Phosphorus</b>	70.3mg
<b>Potassium</b>	970mg
<b>Zinc</b>	0.4mg

\* the health claims available for this ingredient are dose related. If you are unsure, please seek regulatory advice to ensure compliance

Manufacturer:



Australian and New Zealand Distribution:

PHYTO THERAPY

Organic certified by:

