



### FEATURES

- ✓ Fermented food to support gut health and aid in digestion
- ✓ Rich in nutrients including protein, minerals and vitamins to enhance overall wellbeing
- ✓ Sustainably crafted by Hikari Miso in Nagano, Japan
- ✓ Non-GMO soybeans used
- ✓ No added MSG
- ✓ Certified Organic

### PRODUCT APPLICATIONS

- ✓ Instant miso soup or broth
- ✓ Marinades
- ✓ Dressings
- ✓ Sauces and dips
- ✓ Seasoning

**Organic Freeze-dried Red Miso Powder** is a highly concentrated and convenient form of traditional Japanese miso paste that has been dried using a special freeze-drying technique. The organic red miso paste is made by fermenting soybeans with rice koji, water and salt for several months which allows the flavours to intensify. The organic freeze-dried red miso powder can be easily reconstituted with hot water to make a flavourful and nutritious broth. It is rich in umami flavour and can be used as seasoning to enhance the taste of a variety of dishes, including soups, stews, marinades, and dressings.

### SPECIFICATIONS

#### Physical & Chemical Characteristics

Particle Size	95% through #20 mesh
Moisture	≤ 7
pH	4~5
Arsenic	< 1ppm
Lead	< 2ppm
Cadmium	< 0.5ppm
Mercury	< 0.1ppm

#### Microbiological

Standard plate count	≤ 100,000cfu/g
Yeast & Mould	< 1,000 cfu/g
Coliforms	< 100 cfu/g
E.coli	< 10 cfu/g
Coag+ve staphylococci	< 100 cfu/g
Salmonella spp	Absent/25g

### OTHER CHARACTERISTICS

Taste	Characteristic of red miso
Colour	Reddish brown
Certification	FSSC 22000 , Certified Organic (ACO, NOP, EU)
Allergens	Free from input of GMO, dairy, gluten, additives & carriers
Safety	Food Grade, suitable for human consumption
Shelf life	Best Before 18 months stored in original sealed bag
Storage condition	Store in dry, cool places away from sunlight
Packaging	20kg PE bag in kraft paper bag; 20kg x 25 bags/pallet (DIM 1.1*1.1*0.9m)

### TYPICAL DATA (All Figures Based on Independent Analysis)

#### Labelling

Organic red miso powder; Organic freeze-dried red miso powder

#### Nutritional Labelling per 100g (Typical Composition)

Energy	1,320kJ
	316kcal
Protein	27.2g
Carbohydrates	13.9g
	sugars – 8.7g
Dietary fibre	11.8g
Fats	total – 14.3g
	saturated – 2.4g
	monounsaturated – 3.1g
	polyunsaturated – 8.7g
Sodium	9,460mg
Potassium	957mg
Calcium	164mg
Iron	3.7mg
Magnesium	150mg
Phosphorus	390mg
Zinc	2.8mg

Australian and New Zealand Distribution:

PHYTO THERAPY

Manufacturer:

HIKARI MISO

Carbon certified by:



Organic certified by:

